

World Breastfeeding Month Lecture Series: Breastfeeding for a Sustainable Start in Life - Strengthen What Works

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Go with the Flow: The Secret to Sustainable Breastfeeding

Wednesday, Aug 5, 2026

An Integrative Approach to the Breastfeeding Dyad

Wednesday, Aug 12, 2026

The Dyad Is the Unit of Care: Why We Can't Support the Infant Without Supporting the Parent

Wednesday, Aug 19, 2026

Successes and Challenges of Breastfeeding in Hospitals Across the State

Wednesday, Aug 26, 2026

OBJECTIVES:

1. Promote, protect and support the rights of women to breastfeed;
2. Support and enable mothers to provide the ideal source of nutrition for their infants through breastfeeding.

Target Audience:

Physicians, Nurses, Physician Assistants, Nurse Practitioners, Advanced Nurse Practitioners, Lactation Consultants

Accreditation Information

ACCREDITATION STATEMENT:

Hackensack Meridian Health Network is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

AMA CREDIT DESIGNATION STATEMENT:

Hackensack Meridian Health Network designates this live activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)[™] (1.0 credit per session). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSES STATEMENT:

NURSES CONTACT HOURS: NJ Board of Nursing (NJAC 13:37-5.3) states: "A registered professional nurse or licensed practical nurse may obtain continuing education hours from the following: (d)3. Successful completion of continuing medical education courses recognized by the American Medical Association, the American Osteopathic Association or the American Podiatric Medical Association: one hour for each 60 minutes of attendance" therefore, CME credits obtained today may be used in place of nursing contact hours.

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Agenda

Here's what's scheduled for the event.

August 5, 2026

9:00 AM ET

Go with the Flow: The Secret to Sustainable Breastfeeding

9:00 AM-10:00 AM



Katrina Mitchell, M.D., IBCLC, FAC-S

Breast Surgeon, Lactation Consultant, Perinatal Mental Health Provider
Sutter Health

August 12, 2026

9:00 AM ET

An Integrative Approach to the Breastfeeding Dyad

9:00 AM-10:00 AM



Bernadette Bibber, DO

Program Director of the Osteopathic Neuromusculoskeletal Medicine Plus One
Morristown Medical Center Family Medicine Residency

August 19, 2026

9:00 AM ET

The Dyad Is the Unit of Care: Why We Can't Support the Infant Withou...

9:00 AM-10:00 AM



Candy Lincoln, M.D., NABBLM-C, IBCLC, PMH-C

Assistant Clinical Professor & Medical Director of the Breastfeeding and Lactation Medicine ...
Dept of Family & Community Medicine, University of Missouri

August 26, 2026

9:00 AM ET

Successes and Challenges of Breastfeeding in Hospitals Across the State

9:00 AM-10:00 AM



Ellen Maughan

New Jersey State Breastfeeding Coordinator
Central Jersey Family Health Consortium