HMSoM - Psychiatry and Behavior Health Virtual Grand Rounds

From Practice to Policy Psychiatrists as Catalysts for Change - 11/18/2026

November 18, 2026 at 8:30 AM –9:30 AM

Presenter:

Keris Jän Myrick, MBA, MS, Certified Personal Medicine Coach

Senior Vice President of Partnerships and Innovation

Inseparable

Overall Objectives:

1 Discuss management of specific disease processes related to case presentations and to the evidence based medicine presented;

2 Evaluate and manage hospitalized patients based on original research, psychotherapeutic methods, and multidisciplinary treatment approaches presented;

3 Describe the pathophysiology, clinical presentation, diagnosis and therapy of presented topics.

Learning Objectives:

1 Explain policy change as a strategic component of psychiatric practice;

2 DIscuss opportunities to translate clinical expertise into policy influence;

3 Describe resources to strengthen policy advocacy skills.

CME Accreditation Statement: Hackensack Meridian *Health* Network is accredited by the Medical Society of New Jersey to provide continuing medical education for physicians.

AMA Credit Designation Statement Hackensack Meridian *Health* Network designates this Live Activity for a maximum of 1.00 *AMA PRA Category 1 Credits™.* Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses Contact Hours:

NJ Board of Nursing (NJAC 13:37-5.3) states: “A registered professional nurse or licensed practical nurse may obtain continuing education hours from the following: (d)3. Successful completion of continuing medical education courses recognized by the American Medical Association, the American Osteopathic Association or the American Podiatric Medical Association: one hour for each 60 minutes of attendance” therefore, CME credits obtained today may be used in place of nursing contact hours.

Disclosure Statement

HMH adheres to the ACCME’s Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers, or others are required to disclose all relevant financial relationships with ineligible entities (commercial interests). All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Lucinda Garrett	Activity/Series Coordinator	Nothing to disclose - 07/27/2026
Justin Kei, MD	Activity/Course Director	Nothing to disclose - 09/09/2026

Keris Jän Myrick, MBA, MS, Certified Personal Medicine Coach	Faculty	Nothing to disclose - 10/22/2026
Peggy Robles, BS	Activity Coordinator	Nothing to disclose - 02/17/2026
Kishan Shah, MD, JSUMC Psychiatry Residency Program	Activity/Course Director	Nothing to disclose - 03/23/2026
Daniel M. Weiner, MD	Activity/Course Director	Nothing to disclose - 09/10/2026

Commercial Support

This activity has not received commercial support.